


Restoring backups

SQL Backup Pro provides a wizard to guide you through the process of Restoring Backups. To start the Restore wizard, click  **Restore**, or in the [Activity History](#), right click the backup and click **Restore**.

The Restore wizard comprises the following steps:

Step 1:	Select the SQL Server you want to restore to and the backup files to use. If necessary, enter the passwords for encrypted backups.
Step 2:	Specify the destination database and the location of the database files.
Step 3:	Configure your settings for restoring the backups.
Step 4:	Review the restore summary and script, and start the restore process.

Restoring individual database objects

If you want to restore individual objects from a SQL Backup Pro .sqb file, use SQL Object Level Recovery Pro. This application, included with SQL Backup Pro, can recover individual objects to a database, with potentially large savings in time and disk space. For more information, see [Object level recovery](#).

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